

## Outdoor Skills

'A' = Academic (The skill can be acquired through the literature and discussion.)

'T' = Technical (The skill is acquired through demonstration and application.)

SKILL CATEGORY	SKILL	Can Teach	Have Know- ledge	Need Help	A	T
	General First Aid				A	
<b>HEALTH AND</b>	Prevention and Treatment for Blisters				A	
<b>SAFETY</b>	Treatment for Cold and Heat Related Injuries				A	
<b>SKILLS</b>	Recognizing and Treating Shock				A	
	Lightning Precautions				A	
	Camp and Trail Sanitation				A	
<b>WOODS</b>	Proper Care and Use of Knives					T
<b>TOOLS</b>	Proper Care and Use of Camp Saws					T
<b>SKILLS</b>	Proper Care and Use of Axes					T
	Preparing Tinder and Kindling					T
<b>BASIC</b>	Fusing and Whipping					T
<b>ROPEWORK</b>	Square Knot, Two Half Hitches, Taut-line Hitch					T
<b>SKILLS</b>	Bowline, Sheet Bend, Clove Hitch, Timber Hitch					T
	Using Half Hitches					T
	Round, Square, Tripod, and Floor Lashings					T
	Shear, and Diagonal Lashings					T
<b>PIONEERING</b>	Rope Tackle					T
<b>SKILLS</b>	Anchors					T
	West Country Whipping					T
	Knowledge and Care of Cordage					T
	Knowledge and Care of Spars					T
	Planning and Building Pioneering Structures					T
	Building and Feeding a Fire					T
<b>FIRE SKILLS</b>	Types of Fires				A	
	Fire Safety				A	
	Extinguishing and Cleanup				A	

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	Tents				A	
<b>CAMPING SKILLS</b>	Dining Flies					T
	Clothing				A	
	Campsites				A	
	Hiking Methods				A	
<b>HIKING AND BACKPACKING SKILLS</b>	Gear and Equipment				A	
	Packing				A	
	What to do if Lost				A	
	Bear Country				A	
	Compass Use					T
<b>NAVIGATION SKILLS</b>	Maps					T
	Measuring Height and Width					T
	Finding Directions without a Compass					T
	GPS					T
	Menu Planning				A	
	Food Stuff and Pre-Trip Preparation				A	
	Cookware and Utensils				A	
	Cooking Fires				A	
<b>COOKING SKILLS</b>	Stoves					T
	Foil Cooking					T
	Dutch Oven Cooking					T
	Backcountry Cooking				A	
	Cleanup Procedures				A	
	Cooking without Utensils					T
<b>OUTDOOR ETHICS SKILLS</b>	Leave No Trace Principles				A	
	Leave No Trace Skills				A	
	Leave No Trace Games					T

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<b>WILDERNESS</b>	Shelter					T
<b>SURVIVAL</b>	Signalling				A	
<b>SKILLS</b>	Water				A	
	Fire without Matches					T